

Tom's current coaching sessions at Tynedale (2019)

Tuesdays ladies - 11-12

Thursdays older elite squad - 4:40-5:40

Saturday junior coaching

9:30-10:30 mini red

10:30-11:30 orange

11:30-12:30 green

12:30-1:30 full ball

Sunday younger elite squad 1:30-3

For more information contact Tom direct